

## Patient Information

**Patient Name:** \_\_\_\_\_  
Last First MI Preferred Name

**Title:** \_\_\_\_\_ **Gender:**  Male  Female **Family Status:**  Married  Single  Child  Other  
Mr / Ms / Mrs / etc

**Birth Date:** \_\_\_\_\_ **SS#:** \_\_\_\_\_

**Drivers License #:** \_\_\_\_\_ **Previous Visit:** \_\_\_\_\_

**Email Address:** \_\_\_\_\_ **Best time to call:** \_\_\_\_\_

**Phone:** \_\_\_\_\_  
Home Mobile Work Ext Fax Other

**Address:** \_\_\_\_\_  
Address 1 Address 2

\_\_\_\_\_ City State Zip Code

## Referral Information

Name of person, office or other source referring you to our practice: \_\_\_\_\_

## Spouse or Responsible Party Information

The following is for:  the patient's spouse  the person responsible for payment  Skip - the patient is responsible or not married

**Name:** \_\_\_\_\_  
Last First MI Preferred Name

**Title:** \_\_\_\_\_ **Gender:**  Male  Female **Family Status:**  Married  Single  Child  Other  
Mr / Ms / Mrs / etc

**Birth Date:** \_\_\_\_\_ **SS#:** \_\_\_\_\_

**DL#:** \_\_\_\_\_

**Email Address:** \_\_\_\_\_ **Best time to call:** \_\_\_\_\_

**Phone:** \_\_\_\_\_  
Home Mobile Work Ext Fax Other

**Address:** \_\_\_\_\_  
Address 1 Address 2

\_\_\_\_\_ City State Zip Code

## Employment Information

The following is for:  the patient  the person responsible for payment

**Employer Name:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**Employer Address:** \_\_\_\_\_  
Address 1 Address 2

\_\_\_\_\_ City State Zip Code



## DENTAL INFORMATION

Patient Name: \_\_\_\_\_  
Last First MI

Primary reason for this appointment:  Examination  Emergency  Consultation

Do you have a specific dental problem today?  Yes  No

If yes, please explain: \_\_\_\_\_

Do you have dental examinations on a routine basis?  Yes  No

Last visit?: \_\_\_\_\_

Do you brush your teeth on a routine basis?  Yes  No

How often?: \_\_\_\_\_

Do you floss on a routine basis?  Yes  No

How often?: \_\_\_\_\_

Do you like your smile?  Yes  No

If no, why?: \_\_\_\_\_

Do you think you have active tooth decay?  Yes  No

Do you think you have gum disease?  Yes  No

Do your gums bleed?  Yes  No

Do you have any loose teeth?  Yes  No

Have you ever had any periodontal (gum) treatments?  Yes  No

If yes, when and where?: \_\_\_\_\_

Do you want to keep your remaining teeth?  Yes  No

Do you ever have clicking, popping, or discomfort in the jaw joint?  Yes  No

Do you brux or grind your teeth?  Yes  No

Do you smoke or chew tobacco?  Yes  No

Have you ever had orthodontic (braces) treatment?  Yes  No

Do you wear dentures or partials?  Yes  No

If yes, are you satisfied with them?: \_\_\_\_\_

Have you had any problems associated with previous dental treatment?  Yes  No

If yes, please explain: \_\_\_\_\_

Name of previous dentist (optional): \_\_\_\_\_

Date of last full mouth x-rays (16 small films or panoramic): \_\_\_\_\_

## Medical Information

Patient Name: \_\_\_\_\_

Last

First

MI

Are you now under the care of a physician?  Yes  No

Physician Name: \_\_\_\_\_

Physician Phone Number: \_\_\_\_\_

Has there been any change in your general health within the past year?  Yes  No

If yes, please specify: \_\_\_\_\_

Have you had a serious illness, operation or been hospitalized in the past 5 years?  Yes  No

If yes, what was the illness or problem?: \_\_\_\_\_

### Please indicate if you have or have had any of the following diseases or problems:

Have you had an orthopedic total joint replacement?  Yes  No

If yes, please specify: \_\_\_\_\_

Are you scheduled to begin taking an antiresorptive agent (like Fosamax, Actonel, Atelvia, Boniva, Reclast, Prolia) for osteoporosis or Paget's Disease?  Yes  No

If yes, please specify: \_\_\_\_\_

Since 2001, were you or are you presently scheduled to begin treatment with an antiresorptive agent (like Aredia, Zometa, Xgeva) for bone pain, hypercalcemia or skeletal complications resulting from Paget's Disease, multiple myeloma or metastatic cancer?

Yes  No

Date treatment began: \_\_\_\_\_

Do you have any cancer history in your family?  Yes  No

If yes, who and what type of cancer?: \_\_\_\_\_

### For Women Only:

Are you pregnant?  Yes  No

If yes, how many weeks?: \_\_\_\_\_

Are you taking birth control pills or hormonal replacement medications?  Yes  No

Are you nursing?  Yes  No

Have you had a positive pap smear?  Yes  No

### Please indicate if you have or had any of the following diseases or problems. (The following marked with an \* require premedication with antibiotics before any dental treatment is done):

Artificial (prosthetic) heart valve \*  Yes  No

Previous infective endocarditis \*  Yes  No

Damaged valves in transplanted heart \*  Yes  No

Congenital heart disease (CHD) \*  Yes  No

### If you have congenital heart disease (CHD), please indicate if you have had:

Unrepaired cyanotic CHD \*

Repaired CHD (completely) in the last 6 months \*

Repaired CHD with residual defects \*

## ALLERGIES

### Do you have, or have you had any of the following allergies?:

- |                              |  |                       |
|------------------------------|--|-----------------------|
| Acrylic Allergy              | <input type="radio"/> Yes <input type="radio"/> No | Please explain: _____ |
| Animal Allergy               | <input type="radio"/> Yes <input type="radio"/> No | Please explain: _____ |
| Aspirin Allergy              | <input type="radio"/> Yes <input type="radio"/> No | Please explain: _____ |
| Barbituates/Sedative Allergy | <input type="radio"/> Yes <input type="radio"/> No | Please explain: _____ |
| Codeine Allergy              | <input type="radio"/> Yes <input type="radio"/> No | Please explain: _____ |
| Erythromycin Allergy         | <input type="radio"/> Yes <input type="radio"/> No | Please explain: _____ |
| Food Allergy                 | <input type="radio"/> Yes <input type="radio"/> No | Please explain: _____ |
| Hay fever/Seasonal Allergy   | <input type="radio"/> Yes <input type="radio"/> No | Please explain: _____ |
| Iodine Allergy               | <input type="radio"/> Yes <input type="radio"/> No | Please explain: _____ |
| Latex (Rubber) Allergy       | <input type="radio"/> Yes <input type="radio"/> No | Please explain: _____ |
| Local Anesthetics Allergy    | <input type="radio"/> Yes <input type="radio"/> No | Please explain: _____ |
| Metal Allergy                | <input type="radio"/> Yes <input type="radio"/> No | Please explain: _____ |
| Penicillin Allergy           | <input type="radio"/> Yes <input type="radio"/> No | Please explain: _____ |
| Sulfa Drug Allergy           | <input type="radio"/> Yes <input type="radio"/> No | Please explain: _____ |
| Tetracycline Allergy         | <input type="radio"/> Yes <input type="radio"/> No | Please explain: _____ |
| Other Allergy                | <input type="radio"/> Yes <input type="radio"/> No | Please explain: _____ |

## MEDICAL CONDITIONS

### Do you have, or have you had any of the following medical conditions:

- |  |  |                       |
|--|--|-----------------------|
| Abnormal bleeding                            | <input type="radio"/> Yes <input type="radio"/> No | Please explain: _____ |
| AIDS or HIV infection                        | <input type="radio"/> Yes <input type="radio"/> No | Please explain: _____ |
| Anemia                                       | <input type="radio"/> Yes <input type="radio"/> No | Please explain: _____ |
| Angina                                       | <input type="radio"/> Yes <input type="radio"/> No | Please explain: _____ |
| Arteriosclerosis                             | <input type="radio"/> Yes <input type="radio"/> No | Please explain: _____ |
| Arthritis                                    | <input type="radio"/> Yes <input type="radio"/> No | Please explain: _____ |
| Asthma                                       | <input type="radio"/> Yes <input type="radio"/> No | Please explain: _____ |
| Autoimmune disease                           | <input type="radio"/> Yes <input type="radio"/> No | Please explain: _____ |
| Blood transfusion                            | <input type="radio"/> Yes <input type="radio"/> No | Please explain: _____ |
| Bronchitis                                   | <input type="radio"/> Yes <input type="radio"/> No | Please explain: _____ |
| Cancer treatment (Chemo/Radiation)           | <input type="radio"/> Yes <input type="radio"/> No | Please explain: _____ |
| Cardiovascular disease                       | <input type="radio"/> Yes <input type="radio"/> No | Please explain: _____ |
| Chest pain upon exertion                     | <input type="radio"/> Yes <input type="radio"/> No | Please explain: _____ |
| Chronic obstructive pulmonary disease (COPD) | <input type="radio"/> Yes <input type="radio"/> No | Please explain: _____ |
| Chronic pain                                 | <input type="radio"/> Yes <input type="radio"/> No | Please explain: _____ |
| Congestive heart failure                     | <input type="radio"/> Yes <input type="radio"/> No | Please explain: _____ |
| Coumadin/blood thinner therapy               | <input type="radio"/> Yes <input type="radio"/> No | Please explain: _____ |
| Damaged heart valves                         | <input type="radio"/> Yes <input type="radio"/> No | Please explain: _____ |
| Diabetes I or II                             | <input type="radio"/> Yes <input type="radio"/> No | Please explain: _____ |
| Eating disorder                              | <input type="radio"/> Yes <input type="radio"/> No | Please explain: _____ |
| Emphysema                                    | <input type="radio"/> Yes <input type="radio"/> No | Please explain: _____ |
| Epilepsy                                     | <input type="radio"/> Yes <input type="radio"/> No | Please explain: _____ |
| Excessive urination                          | <input type="radio"/> Yes <input type="radio"/> No | Please explain: _____ |
| Fainting spells or seizures                  | <input type="radio"/> Yes <input type="radio"/> No | Please explain: _____ |
| GE reflux/persistent heartburn               | <input type="radio"/> Yes <input type="radio"/> No | Please explain: _____ |
| GI disease/stomach problems                  | <input type="radio"/> Yes <input type="radio"/> No | Please explain: _____ |
| Glaucoma                                     | <input type="radio"/> Yes <input type="radio"/> No | Please explain: _____ |
| Heart attack                                 | <input type="radio"/> Yes <input type="radio"/> No | Please explain: _____ |
| Heart murmur                                 | <input type="radio"/> Yes <input type="radio"/> No | Please explain: _____ |
| Hemophilia                                   | <input type="radio"/> Yes <input type="radio"/> No | Please explain: _____ |
| Hepatitis, jaundice or liver disease         | <input type="radio"/> Yes <input type="radio"/> No | Please explain: _____ |
| High blood pressure                          | <input type="radio"/> Yes <input type="radio"/> No | Please explain: _____ |
| High cholesterol                             | <input type="radio"/> Yes <input type="radio"/> No | Please explain: _____ |

Human papillomavirus (HPV) infection	<input type="radio"/> Yes <input type="radio"/> No	Please explain: _____
Kidney problems	<input type="radio"/> Yes <input type="radio"/> No	Please explain: _____
Low blood pressure	<input type="radio"/> Yes <input type="radio"/> No	Please explain: _____
Malnutrition	<input type="radio"/> Yes <input type="radio"/> No	Please explain: _____
Mental health disorders	<input type="radio"/> Yes <input type="radio"/> No	Please explain: _____
Mitral valve prolapse	<input type="radio"/> Yes <input type="radio"/> No	Please explain: _____
Neurological disorders	<input type="radio"/> Yes <input type="radio"/> No	Please explain: _____
Night sweats	<input type="radio"/> Yes <input type="radio"/> No	Please explain: _____
Osteoporosis	<input type="radio"/> Yes <input type="radio"/> No	Please explain: _____
Other congenital heart defects	<input type="radio"/> Yes <input type="radio"/> No	Please explain: _____
Pacemaker	<input type="radio"/> Yes <input type="radio"/> No	Please explain: _____
Persistent swollen glands in neck	<input type="radio"/> Yes <input type="radio"/> No	Please explain: _____
Recurrent infections	<input type="radio"/> Yes <input type="radio"/> No	Please explain: _____
Rheumatic fever	<input type="radio"/> Yes <input type="radio"/> No	Please explain: _____
Rheumatic heart disease	<input type="radio"/> Yes <input type="radio"/> No	Please explain: _____
Rheumatoid arthritis	<input type="radio"/> Yes <input type="radio"/> No	Please explain: _____
Severe headaches/migraines	<input type="radio"/> Yes <input type="radio"/> No	Please explain: _____
Severe or rapid weight loss	<input type="radio"/> Yes <input type="radio"/> No	Please explain: _____
Sexually transmitted disease	<input type="radio"/> Yes <input type="radio"/> No	Please explain: _____
Sinus trouble	<input type="radio"/> Yes <input type="radio"/> No	Please explain: _____
Sleep disorder	<input type="radio"/> Yes <input type="radio"/> No	Please explain: _____
Snoring	<input type="radio"/> Yes <input type="radio"/> No	Please explain: _____
Stroke	<input type="radio"/> Yes <input type="radio"/> No	Please explain: _____
Systemic lupus erythematosus	<input type="radio"/> Yes <input type="radio"/> No	Please explain: _____
Thyroid problems	<input type="radio"/> Yes <input type="radio"/> No	Please explain: _____
Tuberculosis	<input type="radio"/> Yes <input type="radio"/> No	Please explain: _____
Ulcers	<input type="radio"/> Yes <input type="radio"/> No	Please explain: _____
Other medical condition	<input type="radio"/> Yes <input type="radio"/> No	Please explain: _____

## MEDICATIONS

### Are you currently taking any of the following medications?:

Aleve/Naproxen	<input type="radio"/> Yes <input type="radio"/> No	Name of medication and how often taken: _____
Antibiotic	<input type="radio"/> Yes <input type="radio"/> No	Name of medication and how often taken: _____
Antidepressant Medication	<input type="radio"/> Yes <input type="radio"/> No	Name of medication and how often taken: _____
Anxiety/Sedative Medication	<input type="radio"/> Yes <input type="radio"/> No	Name of medication and how often taken: _____
Arthritis Medication	<input type="radio"/> Yes <input type="radio"/> No	Name of medication and how often taken: _____
Aspirin	<input type="radio"/> Yes <input type="radio"/> No	Name of medication and how often taken: _____
Birth Control/Hormone Medication	<input type="radio"/> Yes <input type="radio"/> No	Name of medication and how often taken: _____
Bladder Medication	<input type="radio"/> Yes <input type="radio"/> No	Name of medication and how often taken: _____
Blood Pressure Medication	<input type="radio"/> Yes <input type="radio"/> No	Name of medication and how often taken: _____
Blood Thinner Medication	<input type="radio"/> Yes <input type="radio"/> No	Name of medication and how often taken: _____
Cancer Medication	<input type="radio"/> Yes <input type="radio"/> No	Name of medication and how often taken: _____
Cholesterol Medication	<input type="radio"/> Yes <input type="radio"/> No	Name of medication and how often taken: _____
Cold/Cough Medication	<input type="radio"/> Yes <input type="radio"/> No	Name of medication and how often taken: _____
Decongestant	<input type="radio"/> Yes <input type="radio"/> No	Name of medication and how often taken: _____
Diabetes Medication	<input type="radio"/> Yes <input type="radio"/> No	Name of medication and how often taken: _____
Dietary Supplement	<input type="radio"/> Yes <input type="radio"/> No	Name of medication and how often taken: _____
Diuretic/Kidney Medication	<input type="radio"/> Yes <input type="radio"/> No	Name of medication and how often taken: _____
Epilepsy/Seizure Medication	<input type="radio"/> Yes <input type="radio"/> No	Name of medication and how often taken: _____
Heart Medication	<input type="radio"/> Yes <input type="radio"/> No	Name of medication and how often taken: _____
Ibuprofen	<input type="radio"/> Yes <input type="radio"/> No	Name of medication and how often taken: _____
Inhaler/Respiratory Medication	<input type="radio"/> Yes <input type="radio"/> No	Name of medication and how often taken: _____

Natural/Herbal Medication	<input type="radio"/> Yes <input type="radio"/> No	Name of medication and how often taken: _____
Osteoporosis/Bone Medication	<input type="radio"/> Yes <input type="radio"/> No	Name of medication and how often taken: _____
Pain Medication	<input type="radio"/> Yes <input type="radio"/> No	Name of medication and how often taken: _____
Prostate Medication	<input type="radio"/> Yes <input type="radio"/> No	Name of medication and how often taken: _____
Seasonal Allergy Medication	<input type="radio"/> Yes <input type="radio"/> No	Name of medication and how often taken: _____
Thyroid Medication	<input type="radio"/> Yes <input type="radio"/> No	Name of medication and how often taken: _____
Tylenol	<input type="radio"/> Yes <input type="radio"/> No	Name of medication and how often taken: _____
Ulcer/Heartburn Medication	<input type="radio"/> Yes <input type="radio"/> No	Name of medication and how often taken: _____
Vitamin	<input type="radio"/> Yes <input type="radio"/> No	Name of medication and how often taken: _____
Other Medication	<input type="radio"/> Yes <input type="radio"/> No	Name of medication and how often taken: _____

Do you use controlled substances?  Yes  No

Please specify: \_\_\_\_\_

Do you drink alcoholic beverages?  Yes  No

If yes, how much alcohol have you drank in the last 24 hours?: \_\_\_\_\_

If yes, how much do you typically drink in a week?: \_\_\_\_\_

Has a physician or previous dentist recommended that you take antibiotics prior to your dental treatment?  Yes  No

Name of physician/dentist: \_\_\_\_\_

Phone number of physician/dentist: \_\_\_\_\_

Do you have any disease, condition, or problem not listed above that you think we should know about?  Yes  No

Please explain: \_\_\_\_\_

### Authorization and Consent

I understand that the information that I have given is correct to the best of my knowledge. I also understand that this information will be held in the strictest confidence and it is my responsibility to inform this office of any changes. I will not hold the dentist, or any other staff member, responsible for any action they take or do not take because of errors or omissions that I may have made in the completion of these forms. I hereby consent to and authorize the dental office to administer such medications and perform such diagnostic, photographic, and therapeutic procedures as may be necessary for proper dental care. I hereby authorize payment directly to the dental office of the group insurance benefits otherwise payable to me. I understand that I am responsible for all costs of dental treatment. I further understand that payment is due at the time of treatment unless prior arrangements have been made. I grant the right to the dentist to release my dental/medical histories and other information about my dental treatment to third party payors and/or other health professionals. Furthermore, I grant the dental practice permission to correspond to me via e-mail and/or text message.

Signature of Patient, Parent, or Guardian (Responsible Party):

Signature:   X  \_\_\_\_\_

Date: \_\_\_\_\_

Relationship to Patient: \_\_\_\_\_

## OUR FINANCIAL POLICY

**PAYMENT:** Payment is expected in full for each appointment as services are rendered. Payment options are:

- Cash
- Debit
- Major credit cards (MasterCard, Visa, Discover, American Express)
- CareCredit

**DENTAL INSURANCE:** Insurance is a contract between you and your insurance company. There is no direct relationship between our office and your insurance company. Your insurance benefits are determined by the type and design of plan chosen by you and/or your employer and we are not a party to this contract. We have no control over the terms of your contract, the method of reimbursement, or the determination of your benefits. Dental services can be defined by your insurance company as “not covered”, “denied”, or “over UCR (Usual, Customary & Reasonable)”. We will file your dental insurance claims as a courtesy to you. We do not guarantee payment and are not responsible for providing you with the plan limitations, exclusions, and provisions determined by your insurance company. You agree to pay any of the charges not paid by your insurance. If your insurance company requires a referral and/or preauthorization, you are responsible for it. We will file a predetermination for recommended treatment when you request it.

**REGARDING APPOINTMENTS:** Any treatment that is over \$500 in estimated patient payment will require a prepaid non-refundable deposit of \$100 in order to reserve a scheduled appointment time for treatment.

**BILLING:** Any balance we bill you, is due upon receipt. If any payment owed by you is not made within 30 days, a delinquent fee of 29% will be added to your account.

***I have read, understand, and agree to the above Financial Policy. I authorize release of any information relating to any insurance dental claim filed on my behalf. I hereby instruct and direct the insurance company to pay by check made out and mailed to John Avila DDS, or if my current policy prohibits direct payment to the doctor, then I hereby also instruct and direct the insurance company to make out the check to me and mail it as follows: c/o John Avila DDS, 8409 West Cleburne Road, Fort Worth, TX 76123. I authorize Dr. Avila to deposit checks received on my account when made out to me. By signing this form, I also authorize Dr. Avila to complain to the Insurance Commissioner for any reason on my behalf.***

Patient or Responsible Party X \_\_\_\_\_ Date \_\_\_\_\_  
(Signature)



---

VISTA RIDGE DENTAL

# NOTICE OF PRIVACY PRACTICES

---

**THIS NOTICE DESCRIBES HOW HEALTH INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION.**

**PLEASE REVIEW IT CAREFULLY.  
THE PRIVACY OF YOUR HEALTH INFORMATION IS IMPORTANT TO US.**

---

## **OUR LEGAL DUTY**

We are required by applicable federal and state law to maintain the privacy of your health information. We are also required to give you this Notice about our privacy practices, our legal duties, and your rights concerning your health information. We must follow the privacy practices that are described in this Notice while it is in effect. This Notice takes effect 04/14/03, and will remain in effect until we replace it.

We reserve the right to change our privacy practices and the terms of this Notice at any time, provided such changes are permitted by applicable law. We reserve the right to make the changes in our privacy practices and the new terms of our Notice effective for all health information that we maintain, including health information we created or received before we made the changes. Before we make a significant change in our privacy practices, we will change this Notice and make the new Notice available upon request.

You may request a copy of our Notice at any time. For more information about our privacy practices, or for additional copies of this Notice, please contact us using the information listed at the end of this Notice.

---

## **USES AND DISCLOSURES OF HEALTH INFORMATION**

We use and disclose health information about you for treatment, payment, and healthcare operations. For example:

**Treatment:** We may use or disclose your health information to a physician or other healthcare provider providing treatment to you.

**Payment:** We may use and disclose your health information to obtain payment for services we provide to you.

**Healthcare Operations:** We may use and disclose your health information in connection with our healthcare operations. Healthcare operations include quality assessment and improvement activities, reviewing the competence or qualifications of healthcare professionals, evaluating practitioner and provider performance, conducting training programs, accreditation, certification, licensing or credentialing activities.

**Your Authorization:** In addition to our use of your health information for treatment, payment or healthcare operations, you may give us written authorization to use your health information or to disclose it to anyone for any purpose. If you give us an authorization, you may revoke it in writing at any time. Your revocation will not affect any use or disclosures permitted by your authorization while it was in effect. Unless you give us a written authorization, we cannot use or disclose your health information for any reason except those described in this Notice.

**To Your Family and Friends:** We must disclose your health information to you, as described in the Patient Rights section of this Notice. We may disclose your health information to a family member, friend or other person to the extent necessary to help with your healthcare or with payment for your healthcare, but only if you agree that we may do so.

**Persons Involved In Care:** We may use or disclose health information to notify, or assist in the notification of (including identifying or locating) a family member, your personal representative or another person responsible for your care, of your location, your general condition, or death. If you are present, then prior to use or disclosure of your health information, we will provide you with an opportunity to object to such uses or disclosures. In the event of your incapacity or emergency circumstances, we will disclose health information based on a determination using our professional judgment disclosing only health information that is directly relevant to the person's involvement in your healthcare. We will also use our professional judgment and our experience with common practice to make reasonable inferences of your best interest in allowing a person to pick up filled prescriptions, medical supplies, x-rays, or other similar forms of health information.

**Marketing Health-Related Services:** We will not use your health information for marketing communications without your written authorization.

**Required by Law:** We may use or disclose your health information when we are required to do so by law.

**Abuse or Neglect:** We may disclose your health information to appropriate authorities if we reasonably believe that you are a possible victim of abuse, neglect, or domestic violence or the possible victim of other crimes. We may disclose your health information to the extent necessary to avert a serious threat to your health or safety or the health or safety of others.

**National Security:** We may disclose to military authorities the health information of Armed Forces personnel under certain circumstances. We may disclose to authorized federal officials health information required for lawful intelligence, counterintelligence, and other national security activities. We may disclose to correctional institution or law enforcement official having lawful custody of protected health information of inmate or patient under certain circumstances.

**Appointment Reminders:** We may use or disclose your health information to provide you with appointment reminders (such as voicemail messages, postcards, or letters).

---

**PATIENT RIGHTS**

**Access:** You have the right to look at or get copies of your health information, with limited exceptions. You may request that we provide copies in a format other than photocopies. We will use the format you request unless we cannot practicably do so. (You must make a request in writing to obtain access to your health information. You may obtain a form to request access by using the contact information listed at the end of this Notice. We will charge you a reasonable cost-based fee for expenses such as copies and staff time. You may also request access by sending us a letter to the address at the end of this Notice. If you request copies, we will charge you \$0.25 for each page, \$10.00 per hour for staff time to locate and copy your health information, and postage if you want the copies mailed to you. If you request an alternative format, we will charge a cost-based fee for providing your health information in that format. If you prefer, we will prepare a summary or an explanation of your health information for a fee. Contact us using the information listed at the end of this Notice for a full explanation of our fee structure.)

**Disclosure Accounting:** You have the right to receive a list of instances in which we or our business associates disclosed your health information for purposes, other than treatment, payment, healthcare operations and certain other activities, for the last 6 years, but not before April 14, 2003. If you request this accounting more than once in a 12-month period, we may charge you a reasonable, cost-based fee for responding to these additional requests.

**Restriction:** You have the right to request that we place additional restrictions on our use or disclosure of your health information. We are not required to agree to these additional restrictions, but if we do, we will abide by our agreement (except in an emergency).

**Alternative Communication:** You have the right to request that we communicate with you about your health information by alternative means or to alternative locations. **{You must make your request in writing.}** Your request must specify the alternative means or location, and provide satisfactory explanation how payments will be handled under the alternative means or location you request.

**Amendment:** You have the right to request that we amend your health information. (Your request must be in writing, and it must explain why the information should be amended.) We may deny your request under certain circumstances.

**Electronic Notice:** If you receive this Notice on our Web site or by electronic mail (e-mail), you are entitled to receive this Notice in written form.

---

**QUESTIONS AND COMPLAINTS**

If you want more information about our privacy practices or have questions or concerns, please contact us.

If you are concerned that we may have violated your privacy rights, or you disagree with a decision we made about access to your health information or in response to a request you made to amend or restrict the use or disclosure of your health information or to have us communicate with you by alternative means or at alternative locations, you may complain to us using the contact information listed at the end of this Notice. You also may submit a written complaint to the U.S. Department of Health and Human Services. We will provide you with the address to file your complaint with the U.S. Department of Health and Human Services upon request.

We support your right to the privacy of your health information. We will not retaliate in any way if you choose to file a complaint with us or with the U.S. Department of Health and Human Services.

Contact Officer: John Avila DDS

Telephone: (817) 292-5927

Fax: (817) 292-9595

E-mail: info@vistaridgedental.com

Address: 8409 West Cleburne Road, Fort Worth, TX 76123

**ACKNOWLEDGEMENT:** I hereby acknowledge that I have read and fully understand the contents of this document, and I have been given the opportunity to ask any and all questions.

X  
Signature (Patient / Legal Representative)

\_\_\_\_\_  
Date

---

VISTA RIDGE DENTAL

# CONSENT FOR DISCLOSURE OF PROTECTED HEALTH INFORMATION

I, \_\_\_\_\_ give Vista Ridge Dental/John Avila  
Name  
DDS permission to release and speak to the following people about my health  
information, treatment, and/or account:

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

Signature (patient or legal representative) **X** \_\_\_\_\_

Date \_\_\_\_\_

# APPOINTMENT CANCELLATION POLICY

We strive to render excellent care to you and the rest of our patients. In an attempt to be consistent with this, we have an Appointment Cancellation Policy that allows us to schedule appointments for all patients. When an appointment is scheduled, that time has been set aside for you and when it is missed, that time cannot be used to treat another patient.

## Our policy is as follows:

We require that you give our office **48 hours notice** in the event that you need to reschedule your appointment. This allows for other patients to be scheduled into that allotted time. If you miss an appointment without contacting our office within the required time, this is considered a missed appointment. A fee of **\$70** will be charged to you. This fee cannot be billed to your insurance company and will be your direct responsibility. No future appointments can be scheduled nor records be transferred without payment of this fee.

Additionally, if a patient is more than **15 minutes late** without prior notice for a scheduled appointment, we will consider this a missed appointment and the **\$70** cancellation fee will be charged.

If you have any questions regarding this policy, please let our staff know and we will be glad to clarify any questions you have.

We thank you for your patronage.

***I have read and understand the Appointment Cancellation Policy of the practice and I agree to be bound to its terms. I also understand and agree that such terms may be amended from time to time by the practice.***

Patient or Responsible Party X \_\_\_\_\_ Date \_\_\_\_\_  
(Signature)